

WATTS 2021

Weights - Agility - Technical - Training - Supervision

A speed, strength, agility & injury prevention program for young athletes ages 12-18 looking to improve sports abilities or for those just looking to get started with a safe, active program.

\$225 plus membership

Registration opens April 1st!

Current Members:

Sign up through the app, online portal or front desk

Non-members:

Sign up at the front desk for a membership and WATTS

PROGRAM INFO:



June 14th-August 5th

Mondays, Tuesdays, and Thursdays

8-9:30 AM or 10-11:30 AM

Limited to 12 participants in each class

Contact Jamie.Sands@Collins.com or Jeff.Havel@Collins.com