

COVID-19 Protocols

Although our business hours are back to normal, as you may have expected, we are not operating under normal conditions. The official recommendation is that we would limit our capacity to 50% of our maximum. However, out of an abundance of caution and to help ensure our members are able to easily maintain the proper social distancing at all times, we have limited use to 30% capacity. Due to the size of our facility, we are not yet close to reaching the 30% capacity.

In an effort to keep everyone healthy and strong, we urge you to:

- STAY HOME if you are not feeling well.
- WASH YOUR HANDS with soap and water upon arrival, throughout your stay, and prior to leaving the Rec Center
- WEAR A MASK when moving throughout the building
- MAINTAIN SOCIAL DISTANCE at all times while in the Rec Center
- CLEAN EQUIPMENT AND ACCESSORIES **BEFORE AND AFTER** EACH USE
- COVER YOUR COUGH

Cleaning - Upon reopening, we put into place a variety of additional cleaning/disinfecting protocols to help keep our staff and members healthy. Throughout the day high traffic and high touch areas are being cleaned and disinfected according to a set schedule and as needed. Members are also asked to clean equipment *before use* to protect themselves and *after use* to protect others. Fresh equipment cleaning towels are available for members to pick up at the front desk.

What to Expect Upon Arrival

- All members will enter through the main entrance. North Door entrance is closed to help maintain new check in procedures.
- Rec Center staff will perform temperature screenings on anyone seeking to enter the facility in accordance with Collins policy and Iowa Department of Public Health guidelines.
- Masks are required when not actively working out and when moving from area to area within the Rec Center.
- Locker Rooms are open. Signs have been posted on lockers to facilitate locker selection to maintain proper social distancing.
- Saunas are open with a maximum capacity of 2. Sign up sheets are posted by the door.

Facility Modifications and Equipment Accessibility

To maintain proper social distancing:

- Cardiovascular equipment has been appropriately spaced. Some of the cardiovascular equipment is strategically blocked off.
- Red dots are on the floor in the free weight areas to give guidance where benches should be placed.
- Dots have been placed on the fitness class areas to indicate appropriate social distancing. Class sizes are limited.
- Exercise mats are not available. Please plan to bring your own mat if you will be using one for your workout.

Service Changes

- Members only. No guests.
- Babysitting room is open. Please [review the guidelines](#) before you use the Rec Room for the first time upon its reopening.
- Quality Time for children is not being offered on Saturdays and Sundays.
- Reservations are required for court use. The names of all participants must be listed on the reservation.
- Lounge areas are closed. Coffee is not available.