

Re-opening Specifics During Phase 1

As we have communicated before, during the closure our team has been busy deep-cleaning, disinfecting and sanitizing the Rec Center. We have put into place a variety of additional cleaning/disinfecting protocols to help keep our staff and members healthy. Throughout the day high traffic and high touch areas will be cleaned and disinfected according to a set schedule and as needed. Members are also asked to clean equipment before use to protect themselves and after use to protect others.

New waivers - All members are required to sign an updated waiver the first time they visit the Rec Center after reopening. Members under 18 years of age, must have a parent or legal guardian accompany them the first time to sign the waiver for them.

As recommended, we will be reopening the Rec Center in phases. Please familiarize yourself with the following list of changes that you will notice in Phase I (approximately first two weeks of opening).

Service Changes in Phase 1

- No front desk transactions on Saturday, May 16 and Sunday, May 17.
- Instructor-led classes onsite are cancelled.*
- Babysitting room will be closed.
- Members only (no guests).
- Quality Time for children will not be offered on Saturdays and Sundays.
- Small Group Personal training will not be offered. One on one personal training will be available.
- No organized sporting activities (basketball, racquetball, pickleball, etc.)
- Coffee will not be available.
- Lounge areas will be closed.
- Food from our cooler is discontinued. Bottled water, beverages and snacks are available in the vending machines.

What to Expect Upon Arrival in Phase 1

- All members will enter through the main entrance. North Door entrance will be closed to help maintain new check in procedures.
- Rec Center staff will perform temperature screenings on anyone seeking to enter the facility in accordance with Collins policy and Iowa Department of Public Health guidelines.
- Masks are encouraged for members when applicable. Do not use a mask if it affects your breathing while exercising. Masks are required for Rec Center employees.
- Locker Rooms will be open. Signs have been posted on lockers to facilitate locker selection to maintain proper social distancing.
- Saunas will be closed.
- Bring your own shower towel. Workout towels and your own cleaning towel will be provided.
- Please bring a water bottle to fill at our water bottle fill stations to limit use of the drinking fountains.
- Restrooms, drinking fountain, and hallway adjacent to the Physical Therapy department will be closed to Rec Center members. Rec Center members may use the restrooms in the locker rooms and All Gender restrooms.
- Showers in the All Gender restrooms will be closed to allow more traffic for restroom use.
- Members are strongly encouraged to use credit cards or make payments online through [our website](#).

Facility Modifications and Equipment Accessibility in Phase 1

To maintain proper social distancing:

- Some of the cardiovascular equipment is strategically blocked off.

- Red dots are on the floor in the free weight areas to give guidance where benches should be placed.
- One way traffic patterns are marked on the floor between equipment, in the men's locker room, and to control flow into and out of the High Court area.
- Exercise mats will not be available. Please plan to bring your own mat if you will be using one for your workout.