

MISSION: FIT!

Registration Form

Please fill out registration form and drop it off at the Rec Center Front Desk or mail it to the address below. The program begins on Tuesday, January 17th.

Registration closes at 10:00 PM on Monday, January 16th.

First Name

Last Name

Email Address

Phone Number

\$30.00 due at time of registration

- Check
- Cash
- Credit Card

Mail to:

Rockwell Collins Rec Center
Attn: Mission: FIT!
400 Collins Road NE
MS 154-100
Cedar Rapids, Iowa 52498

The Mission: FIT 2017 Facebook group is a closed group (only members of the group can see what is posted). We will post updates, healthy recipes, motivation and fitness tips to it during the 12 weeks of the program. You will be able to post to the group to ask questions, stir up some friendly competition, or simply post to keep yourself accountable. The only way to be added to this group is by invitation. Would you like to be a part of this group?

No _____

Yes _____

If yes, please let us know your Facebook name so we can find you and add you:
